

February 2023



Newsletter

Whitley County Chamber of Commerce & Visitors Center Dynamic Sponsor of 2023



Member of the Month
TNT Floral Shop
505 W. Old Trail Rd
Columbai City



February is Love Local

We want to thank our Love Local sponsors, Moo-Over, TNT Floral, Big G's, Lunar Infusions Kombucha, Vintage Blessed General Store, The Shops @ the Sanctuary, SK Love/ SunKiss Tanning, Old World Cafe/ Fudge, Andys Carwash, & The Ole Hitchi



2023 Chamber Ambassadors

Jennifer Loew Tri-Lakes Merchant Services
Amy Millikan Parkview
Olivia Hinen State Farm
Scott Allison Allison & Associates Insurance
Ryan Gable 9GB Tech
Jennifer Angelo Indiana Farm Bureau
Michelle Slavicek Vintage Blessed General Store
Julie Hurd Moo-Over
Q Qureshi CC Goin Postal
Eric Horvath Humana
Bob Sollazzo InspiredAim
Collin Blue Blue House
Rachel Lyell Blue House
Lauren South The Ferrell Group
Robert Salesman Rhoades Automotive
Peter Allen HILB Group
Angela Oler Indiana Tech
Nick Brewer Star Bank
Lance Diffendarfer Paul Davis
Brandon Ferrell The Ferrell Group
John Phillips Self employed
Niki Anderson Andy's Carwash
Michelle Goldwood Goldwood Studios
Trevor Kelley Hilb Group
Bill Dittlinger Music encounters

The Chamber has a new phone number

260.723.7131

Thank you to Surf Internet we are all hooked up and
ready to go Friday February 17

TNT Floral Shop Business of the Month

We are so excited to announce our first Business of the Month goes to TNT Floral shop in CC.

TNT Floral is a recently purchased business that is family owned and operated. Tiffany has wonderful support from her husband and parents that can be seen in the shop or behind the scenes .

With big changes and renovations happening, new marketing and services that are now being offered to Whitley County. They have been fantastic members, wanting to support their community and work with other local businesses. The shining example of what the Chamber stands for.

TNT Floral has deep dedication to the importance of their business in others lives. They love their community and are deeply honored to receive this recognition.

**TNT Floral Shop
550 W Old Trail Rd Columbia City
(260) 244-5531**

What's going on in Whitley County New Members & Returning Members for February

Papa Johns Surf Internet regional Chamber of NE IN
Paul Davis Simonson Estate Apartments Dr. C Lieb
Whitley County Consolidated Schools Big G's Sports Cafe
Columbia City Goin Postal Eagle Glen Golf
Whitley County Humane Shelter Blue River Apartments
Hinen Printing Whitley County Community Foundation
MicroPulse Whitley County 4-H CrossRoads Bank
Ruoff Mortgage Whitley County YMCA
City Chevy /City Ford - Tiered Sponsor
Whitley County Farmers Market Warner Electric
Geen Reeg Motor Majestic Care of West Allen
BrightPoint TK Ladd Architecture Tri- Lakes Restaurant
Paige's Crossing Columbia City Nutrition
Eel River Bison & Event Center One Community- South
Whitley
Lotus Cleaning Service The Junction Cafe & Home Decor
Music Encounters

Save The Date

April 22 Business Expo
April 28 & -29 South Whitley Garage Sales
Aug 17 Golf Tournament
Oct 27 Pumpkins on Parade
Jan 10th Annual Dinner

more events to come this summer
stay connected @
whitleychamber.org

7 Tips for Nurturing Healthy, Sustainable Relationships

Bob Sollazzo, InspiredAim LLC

The best indicators of lasting happiness and success are the people we surround ourselves with and the way that we relate to them.

Here are several compelling reasons why these connections are essential and 7 helpful tactics for nurturing strong relationships.

Why Relationships Matter

We are innately drawn to meaningful relationships with others. These connections are

fundamental to our sense of belonging and wellbeing. Good relationships are empowering.

They improve mental health, create positive experiences, and help people achieve their goals.

They provide love, companionship, support, and understanding - all of which play an indispensable role in our lives. Business relationships open the door to a wealth of potential

opportunities and imaginative collaborations that may have otherwise gone untapped.

Healthy relationships display values of accountability, caring, commitment, fairness, honesty,

loyalty, nurture, respect, support, and trustworthiness, to name a few. When one or more of

these essential ingredients are absent, the safety of the relationship is questionable. Without

meaningful connections, we feel alone, isolated, and unappreciated.

Most people tend to meet the expectations placed on them by others. Harvard psychologist

Robert Rosenthal ran a revealing study in 1964. A group of ordinary elementary students

were told that they were gifted. Their academic assessments showed extraordinary progress

a year later. Our relationships influence the belief we have in our ability to be successful.

Motivational speaker Jim Rohn is quoted with saying that we are the average of the five

people we spend the most time with. The reality is that our interactions with all our relationships, from family members to romantic partners and business associates, can have a

profound impact on our lives.

Toxic relationships can be hard to identify and even harder to leave. However, they often

include one or more of the following elements: anger or resentment, apathy, argumentative,

clashing priorities, disrespectful, envy or jealousy, insincere, manipulative, and unreliable. It's

easy to see why long-term exposure to toxic behavior is harmful to our mental and physical wellbeing.

Managing our relationships can be thought of like tending a garden. We want to nurture and

1. Effective communications are critical for maintaining healthy alliances. Being honest and open, clearly sharing expectations, dispelling assumptions, practicing empathy, and maintaining clear boundaries make it easier for participants to communicate efficiently.
2. We each need to feel heard in our relationships, especially when opinions and preferences differ wildly. When you lend an attentive ear, give a nod of recognition, and restate their point in your own words, you show them that they are valued – even when their opinion differs from yours.
3. Often, we enter a difficult discussion with a preconceived idea of the facts and the other's motives. Both parties lose when this occurs. Begin with the assumption that the other party wants to do what is right, that they are trying their best, even when they appear uncooperative. Be curious to learn the story this intelligent rational person is working from.
4. In discussions when you catch yourself feeling the urgent need to speak, ask first, Is it true? Is it necessary? Is it kind? Or is it ego needing to sound important? Taking deep slow breaths with each of these queries can help you avoid the temptation to speak needlessly.
5. Maya Angelou said, "People will forget what you said, people will forget what you did, but people will never forget how you made them feel." We all enjoy being praised and acknowledged for what we do to nurture the partnership. Make it a habit to find sincere reasons to praise the other person.
6. Dr Gary Chapman, author of the series "The 5 Love languages", tells us that we all have a fondness for one of these five acts of appreciation: Words of Affirmation, Acts of Service, Gifts, Quality Time, and Physical Touch. Ask your companion to think about a particular time in which they felt highly valued, as an aid in determining their preferred love language. Expressing your gratitude in a way that speaks to their heart renders the moment truly unforgettable.
7. Ultimately, forming beneficial and enduring relationships begins with nurturing a healthy connection to ourselves. Practicing selfcare, treating ourselves with kindness and grace, reflecting and realigning our behaviors with our values ensures a solid foundation for good relationships and a delightful life.

In summary, the best indicators of lasting happiness and success are the people we surround ourselves with and the way that we relate to them. Surround yourself with people you like and respect and support you. Nurture the good and weed out the rest. Establish genuine communication regarding expectations and boundaries. Listen intently with a sense of curiosity. Assume good intent. When you feel the urgent need to speak, ask, "Who's talking, me or my ego?" Look for sincere opportunities to compliment others. Honor the important people in your life using their preferred love-language. And above all, nurture and honor your authentic self.

Do you have a tip that made a difference in your relationship? Drop me an email at bob@inspiredaim.com.

Bob Sollazzo is the owner/operator of InspiredAim LLC. The mission of InspiredAim is to assist clients in creating transformational success using proven success strategies to expand mindset, augment skillset, remove blocks, and create focused inspired action. Bob's personal mission is to show and help people create more meaning in their lives; more love, joy, and beauty using their own inspiration, intuition, and wisdom.